



American Red Cross

Pikes Peak Chapter

Workplace Training Guide

The American Red Cross Advantage

“If you have the opportunity to save a life, you need to get it right on the first try. The Red Cross teaches us how.”

– Jim Hittle,
Adams Mark Hotel

Your American Red Cross Pikes Peak Chapter offers...

Convenience	Classes can be scheduled at your facility or ours at a time that works for you. Our instructors are available daytime, evenings and weekends. You can even become an authorized provider and have one of your staff trained as a Red Cross instructor to train the rest of your employees.
Cost-effective Training	Materials and instruction are provided at reasonable rates, whether you want one course or several. And because the American Red Cross is a non-profit organization, the dollars you invest in training go right back into your community to support lifesaving emergency preparedness and response programs.
Consistency Nationwide	The Red Cross has customer-tested standardized courses with a solid base of practiced instructors to deliver them. The courses you receive in Colorado are the same courses being taught all over the country through other Red Cross chapters.
Complete Emergency Preparedness	From CPR, first aid and automated external defibrillator training to injury prevention courses, bloodborne pathogens training and community disaster education, Red Cross training offers complete, flexible programs that help you stay prepared for virtually any life-threatening situation.
Courses Developed by Experts	American Red Cross materials are developed in collaboration with leading educational and medical authorities and reflect the most current information and techniques. Red Cross CPR and first aid courses meet the Emergency Cardiovascular Care Guidelines and OSHA’s Guidelines for First Aid.
Certified Instructors	High quality, standardized instructor training is provided nationwide.
Participant Certification	Nationally-recognized course completion certificates are presented to participants who meet the course objectives.
Relief from Record Keeping	Participant and instructor certification and re-certification records are maintained at our chapter. Our service commitment means that you can just focus on training and leave the administrative chores to us.

Course Delivery Options

Trying to decide which way to train your employees is most effective? Our flexible training options are designed to help meet your organization's needs.

Full Service

We'll come to you! You can contract with us to send one of our certified instructors and all the necessary materials and equipment to your location at a time that is convenient for you. Our instructors are available 24 hours a day, 7 days a week. The type of class determines the pricing. There is a class minimum of 8 students and a maximum of 24 students.

Authorized Provider

Sign an Authorized Provider agreement and have one of your employees teach for you! By sending one of your employees to our Instructor Training class, you can teach the American Red Cross courses in-house as often as you'd like. Training to become an American Red Cross instructor involves 2 ½ days of training and a commitment to teach at least one class every two years to maintain certification. Materials and equipment for the classes you teach can be purchased from us or you may choose to rent the training manikins and videos. Here's how you can become an Authorized Provider...

- Step 1 Register for the New Instructor Training class at \$200 per person. The schedule for this course can be found on our website at www.pparc.org
- Step 2 Complete and submit the Authorized Provider Application which can be obtained by calling us at (719) 632-3563 or emailing healthsafe@pparc.org
- Step 3 We will draft your Authorized Provider Agreement and will schedule an appointment with you to come in to review and sign. You will then receive a Welcome Kit with all of the necessary instructions, forms, etc.
- Step 4 Purchase and/or rent the materials and equipment that you need

Community Classes

You come to us! If you have only a few employees that need training you can register them for one of our classes here at our office. Classes are held weekly and the schedule can be found on our website at www.pparc.org. These classes are held in the evenings and weekends and pre-registration and pre-payment are required.

Still can't decide between a Full Service contract or an Authorized Provider Agreement? You'll save money as an Authorized Provider! Here's how

If you provide an Adult CPR/AED/First Aid class for 8 people, here's what it would cost

Full Service
\$456.00

Authorized Provider
\$266.64

Manikin Rental	4 @ \$12	\$48
DVD Rental	1 @ \$10	\$10
Manikin Faceshield	8 @ \$.28	\$2.24
First Aid Training Pack	8 @ \$2	\$16
First Aid Skills Card	8 @ \$7	\$56
CPR Skills Card	8 @ \$7.25	\$58
Participant Workbook	8 @ \$1.55	\$12.40
Administration Fee	8 @ \$8	\$64

As an Authorized Provider, you would save \$189.36 or 41%

Frequently Asked Questions

- What materials are used in each class? Each course comes complete with various training material including Participant Workbooks, laminated Skills Cards, videos, manikins, and practice First Aid materials. Each participant will take home a Participant Workbook and a Skills Card for the course they attended. These materials are meant to be used as a reference guide for participants at home and in the workplace to aid in the retention of skills and information and can act as a study guide prior to taking the re-certification course each year.
- When do students get a certification card and when do we pay? You will receive a packet containing all participants' certifications within 7-10 days of your course. An invoice will also be mailed to you within 30 days of the date of the class.
- Can the training be done in half-days? Yes. You have the ability to choose the training dates and times that work best for you and your employees' schedules.
- Are re-certification classes shorter? Yes. In many cases, re-certification courses are less than half the time of the initial course.
- Is the certification nationally recognized? Yes. All Red Cross safety training courses are nationally recognized and meet OSHA CPR, first aid, and bloodborne pathogen regulations.
- Will the Red Cross keep training records? Yes. We can provide monthly, quarterly, and annual reports outlining your company's training history and list of participants upon request at no charge. And we'll automatically send you a list of your employees whose certifications are expiring one month prior to their expiration.
- If a certification card is lost, can you replace it? Yes. Because we keep all training records, we can provide a replacement certificate for a lost certificate for a fee of \$8 per card, as long as the certification has not yet expired.
- Why does the CPR expire in one year? Studies have shown that students retain CPR skills and information for an average of 6 months. It is known that people who undergo yearly CPR re-certification have greater knowledge and more confidence in their skills. Also, OSHA recommends annual re-training.
- Can I choose the training location? Yes. Have training at your facility or ours 24-hours-a-day, 7-days-a-week.
- What is the instructor to student ratio? To ensure optimum learning and skill demonstration we use 1 instructor per 15 students.
- How much time is spent on practicing the skills? We spend 50% of class time practicing lifesaving skills so that your employees are ready to save a life.
- How many people share one training manikin? To ensure that each student has the opportunity to practice and demonstrate CPR skills, no more than 2 students will share one training manikin.
- Can we teach our own classes in-house? Yes. You may become an Authorized Provider by sending one or more of your employees to our instructor training class.
- How long has the Red Cross been offering safety training? We have more than 90 years experience in safety training and our courses are developed and updated by industry experts based on the latest research findings and the best emergency practices.
- Why does the Red Cross charge a fee for safety training? The revenue that is generated through Health and Safety training programs funds our Disaster Relief, Armed Forces Emergency Services, and other free community services.

Full Service Price List

Course	Minimum Fee To Include First 8 Students	Price Per Student After 8 th	Length
Emergency Response	\$1450 (5 student minimum)	\$290	56 hrs
New Instructor Training	\$1800	\$225	21 hrs
Wilderness First Aid	\$680	\$85	16 hrs
Adult, Child, Infant CPR/AED & First Aid	\$520	\$65	8 ½ hrs
CPR/AED for the Professional Rescuer	\$520	\$65	8 ½ hrs
Adult CPR/AED and First Aid	\$456	\$57	7 hrs
Adult, Child & Infant CPR (Adult AED)	\$440	\$55	7 hrs
Child, Infant CPR & First Aid	\$440	\$55	7 hrs
Adult CPR/AED	\$424	\$53	4 hrs
Child & Infant CPR	\$400	\$50	5 hrs
Babysitter's Training	\$400	\$50	7 hrs
First Aid	\$360	\$45	4 hrs
Dog First Aid & CPR	\$320	\$40	3 ½ hrs
Cat First Aid & CPR	\$320	\$40	3 ½ hrs
Dog and Cat First Aid & CPR	\$560	\$70	7 hrs
Preventing Disease Transmission	\$200	\$25	2 hrs
Re-certification: Review & Challenge Courses			
Adult/AED, Child, Infant, CPR & First Aid OR CPR for the Professional Rescuer	\$320	\$40	3 ½ hrs
Adult CPR/AED & First Aid OR Adult/AED, Child & Infant CPR OR Child & Infant CPR and First Aid OR Child & Infant CPR	\$288	\$36	3 ½ hrs
Adult CPR/AED OR First Aid	\$240.00	\$30.00	3 hrs

Minimum number of students in each class is 8 and the maximum is 15 with the exception of the Babysitter's Training course which has a maximum of 12 students.

**To schedule a class or for
more information, contact
Heather Walma at
(719) 785-2728 or
hwalma@pparc.org**