

Health and Safety Schedule

2010-2011 Classes

American Red Cross Lifeguarding

Certification includes CPR/AED and Lifeguarding/First Aid

Location: Colorado Springs Recreation Center

Course Dates:

December 27-30, 2010, 9am-2pm

March 21-24, 2011, 9am-2pm

April 29-May 1, 2011, Fri. 4-8pm, Sat & Sun 9am-4pm*

June 3-5, 2011, 9am-5pm*

July 8-10, 2011, 9am-5pm*

Cost: \$175, includes all materials, certification cards and pocket mask

**Class end times are approximate.*

New Offering!!! American Red Cross Lifeguard Instructor Course

Details on January 3rd class coming soon!

American Red Cross CPR/AED for the Professional Rescuer

Location: Colorado Springs Recreation Center

Course Dates: Beginning December 9, 2010 this course will be offered monthly on the Second Thursday starting at 5pm.

Cost: \$40, includes CPR/AED Certification Card

Lifeguard Challenge/Recertification

Location: Colorado College Natatorium

Course Dates:

December 29, 2010, 11am-2pm

March 23, 2011, 11am-2pm

Cost: \$50, includes CPR/AED and LG/First Aid Certification Cards

CPR/AED Challenge/Recertification

Location: Colorado Springs Recreation Center

Course Dates:

December 30, 2010, 2pm

March 24, 2011, 2pm

May 1, 2011, 3pm

June 5, 2011, 3pm

July 10, 2011, 3pm

Cost: \$25 includes CPR/AED Certification Card

Guardstart, Lifeguarding Tomorrow

Location: Colorado Springs Recreation Center

Course Dates:

November 22-24, 2010, 9am-12pm

December 20-23, 2010, 9-11:30am

December 27-30, 2010, 9-11:30am

January 3-5, 2011, 9am-12pm

March 21-24, 2011, 9-11:30am

Cost: \$120, includes all materials and supplies