



Titles and Codes for Courses and Presentations

This list includes all programs supported by the Preparedness and Health and Safety Services department at national headquarters. As indicated by a designator(s) enclosed in parentheses, the courses below are available as a review (R) or challenge (C). The list is updated as programs are released, updated or decommissioned.

Be Red Cross Ready	
First Aid and Preparedness – Primary Schools and Families	HSBRR101
First Aid and Preparedness – Middle Schools	HSBRR102
First Aid and Preparedness – Secondary Schools and Workplaces	HSBRR103
Be Red Cross Ready Presentation	HSBRR104
Be Red Cross Ready Spanish – language Presentation	HSBRR106
First Aid and Preparedness Leader Orientation	HSBRR701
Swimming and Water Safety (r.09)	
Longfellow’s WHALE Tales	HSAQU102
Water Safety Today	HSAQU104
General Water Safety	HSAQU105
Home Pool Safety	HSAQU106
Parent Orientation to Swim Lessons	HSAQU107
Sun Safety	HSAQU108
Rip Current Safety	HSAQU109
Parent and Child Aquatics Level 1	HSAQU201
Parent and Child Aquatics Level 2	HSAQU202
Preschool Aquatics Level 1	HSAQU203
Preschool Aquatics Level 2	HSAQU204
Preschool Aquatics Level 3	HSAQU205
Level 1—Introduction to Water Skills	HSAQU206
Level 2—Fundamental Aquatic Skills	HSAQU207
Level 3—Stroke Development	HSAQU208
Level 4—Stroke Improvement	HSAQU209
Level 5—Stroke Refinement	HSAQU210
Level 6—Swimming and Skill Proficiency - Personal Water Safety	HSAQU211
Level 6—Swimming and Skill Proficiency - Fundamentals of Diving	HSAQU212
Level 6—Swimming and Skill Proficiency - Fitness Swimmer	HSAQU213
Personal Water Safety	HSAQU304
Aquatics Leader Orientation	HSAQU702
Water Safety Instructor Aide	HSAQU703
Water Safety Instructor Update	HSAQU809
Water Safety Instructor	HSAQU808
Water Safety Instructor Trainer Practicum	HSAQU908
Lifeguarding	
GuardStart: Lifeguarding Tomorrow	HSAQU101
Shallow Water Attendant	HSAQU401 (C, R)
Lifeguarding	HSAQU402 (C, R)
Waterfront Lifeguarding	HSAQU403 (C, R)
Waterpark Lifeguarding	HSAQU404 (C, R)
Lifeguard Management	HSAQU405
Shallow Water Attendant to Lifeguarding (Bridge)	HSAQU406

Shallow Water Attendant to Waterfront Lifeguarding (Bridge)	HSAQU407
Shallow Water Attendant to Waterpark Lifeguarding (Bridge)	HSAQU408
Lifeguarding to Waterfront Lifeguarding (Bridge)	HSAQU409
Lifeguarding to Waterpark Lifeguarding (Bridge)	HSAQU410
Waterfront Lifeguarding to Waterpark Lifeguarding (Bridge)	HSAQU411
Waterpark Lifeguarding to Waterfront Lifeguarding (Bridge)	HSAQU412
Lifeguarding Instructor Aide	HSAQU701
Lifeguarding Instructor	HSAQU803
Lifeguarding Instructor Update	HSAQU804
Lifeguarding Instructor Trainer Practicum	HSAQU903
Safety Training for Swim Coaches	
Safety Training for Swim Coaches	HSAQU301 (C, R)
Safety Training for Swim Coaches Fast Track	HSAQU303
Safety Training for Swim Coaches Instructor	HSAQU801
Basic Water Rescue	
Basic Water Rescue	HSAQU302 (C, R)
Basic Water Rescue Instructor	HSAQU802
Aquatic Examiner Service	
Aquatic Examiner Training	HSAQU501
Aquatic Examiner Service Administrator Training (Sponsored and Administered by NHQ)	HSAQU807
First Aid for Youth	
Basic Aid Training (BAT)	3201
First Aid for Children Today (FACT)	3217
First Aid/CPR/CPR for the Workplace, Schools and the Community	
Standard First Aid	HSSFA101 (C, R)
CPR—Adult	HSSFA102 (C, R)
CPR—Child	HSSFA103 (C, R)
CPR—Infant	HSSFA104 (C, R)
AED—Adult	HSSFA105 (C, R)
AED—Child	HSSFA106 (C, R)
CPR/AED—Adult	HSSFA107 (C, R)
CPR/AED—Child	HSSFA108 (C, R)
CPR—Adult and Child	HSSFA201 (C, R)
CPR—Adult and Infant	HSSFA202 (C, R)
CPR—Child and Infant	HSSFA203 (C, R)
AED—Adult and Child	HSSFA204 (C, R)
CPR/AED—Adult plus CPR—Child	HSSFA205 (C, R)
CPR/AED—Adult plus CPR—Infant	HSSFA206 (C, R)
CPR/AED—Child plus CPR—Infant	HSSFA207 (C, R)
CPR/AED—Adult and Child	HSSFA208 (C, R)
CPR—Adult, Child and Infant	HSSFA301 (C, R)
CPR/AED—Adult plus CPR—Child and Infant	HSSFA302 (C, R)
CPR/AED—Adult and Child plus CPR—Infant	HSSFA303 (C, R)
CPR/AED—Adult plus CPR—Child and Infant	HSSFA304 (C, R)
Standard First Aid with CPR—Adult	HSSFA401 (C, R)
Standard First Aid with CPR—Child	HSSFA402 (C, R)
Standard First Aid with CPR—Infant	HSSFA403 (C, R)
Standard First Aid with CPR/AED—Adult	HSSFA404 (C, R)
Standard First Aid with CPR/AED—Child	HSSFA405 (C, R)
Standard First Aid with CPR—Adult and Child	HSSFA406 (C, R)
Standard First Aid with CPR—Adult and Infant	HSSFA407 (C, R)
Standard First Aid with CPR—Child and Infant	HSSFA408 (C, R)
Standard First Aid with CPR/AED—Adult plus CPR—Child	HSSFA409 (C, R)
Standard First Aid with CPR/AED—Adult plus CPR—Infant	HSSFA410 (C, R)
Standard First Aid with CPR/AED—Child plus CPR—Infant	HSSFA411 (C, R)

Standard First Aid with CPR/AED—Adult and Child	HSSFA412 (C, R)
Standard First Aid with CPR—Adult, Child and Infant	HSSFA413 (C, R)
Standard First Aid with CPR/AED—Adult plus CPR—Child and Infant	HSSFA414 (C, R)
Standard First Aid with CPR/AED—Adult and Child plus CPR—Infant	HSSFA415 (C, R)
Epinephrine Auto-Injector Training	HSSFA501
Asthma Inhaler Training	HSSFA502
Lay Responder First Aid and CPR/AED Instructor Aide	HSSFA701
Lay Responder First Aid and CPR/AED Instructor	HSSFA801
Lay Responder First Aid and CPR/AED Instructor Update	HSSFA802
Lay Responder First Aid and CPR/AED Instructor Trainer Practicum	HSSFA901
Spanish – language First Aid/CPR/AED	
Spanish – language Standard First Aid	HSSFA601 (C, R)
Spanish – language CPR—Adult	HSSFA602 (C, R)
Spanish – language CPR—Child	HSSFA603 (C, R)
Spanish – language CPR—Infant	HSSFA604 (C, R)
Spanish – language AED—Adult	HSSFA605 (C, R)
Spanish – language AED—Child	HSSFA606 (C, R)
Spanish – language CPR/AED—Adult	HSSFA607 (C, R)
Spanish – language CPR/AED—Adult and Child	HSSFA608 (C, R)
Spanish – language CPR—Adult, Child and Infant	HSSFA609 (C, R)
Spanish – language CPR/AED—Adult and Child plus CPR—Infant	HSSFA610 (C, R)
Spanish – language Standard First Aid with CPR—Adult	HSSFA611 (C, R)
Spanish – language Standard First Aid with CPR/AED—Adult	HSSFA612 (C, R)
Spanish – language Standard First Aid with CPR/AED—Adult and Child	HSSFA613 (C, R)
Spanish – language Standard First Aid with CPR/AED—Adult and Child plus CPR—Infant	HSSFA614 (C, R)
Spanish – language Epinephrine Auto-Injector Training	HSSFA615
Spanish – language Asthma Inhaler Training	HSSFA616
Spanish – language Standard First Aid with CPR—Adult, Child and Infant	HSSFA617 (C, R)
Spanish – language CPR—Child and Infant	HSSFA618 (C, R)
Spanish – language Standard First Aid with CPR—Child and Infant	HSSFA619 (C, R)
Spanish – language Standard First Aid with CPR/AED—Adult plus CPR—Child and Infant	HSSFA620 (C, R)
Spanish – language CPR/AED—Adult plus CPR—Child and Infant	HSSFA621 (C, R)
Spanish – language CPR/AED—Child plus CPR—Infant	HSSFA622 (C, R)
Spanish – language CPR—Adult and Child	HSSFA623 (C, R)
Spanish – language Lay Responder First Aid and CPR/AED Instructor	HSSFA803
Spanish – language Lay Responder First Aid and CPR/AED Instructor Update	HSSFA804
First Aid—Responding to Emergencies	
First Aid—Responding to Emergencies	HSRTE101 (C, R)
First Aid—Responding to Emergencies with CPR—Adult	HSRTE102 (C, R)
First Aid—Responding to Emergencies with CPR—Child	HSRTE103 (C, R)
First Aid—Responding to Emergencies with CPR—Infant	HSRTE104 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Adult	HSRTE105 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Child	HSRTE106 (C, R)
First Aid—Responding to Emergencies with CPR—Adult	HSRTE107 (C, R)
First Aid—Responding to Emergencies with CPR—Adult and Infant	HSRTE108 (C, R)
First Aid—Responding to Emergencies with CPR—Child and Infant	HSRTE109 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Adult plus CPR—Child	HSRTE110 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Adult plus CPR—Infant	HSRTE111 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Adult and Child	HSRTE112 (C, R)
First Aid—Responding to Emergencies with CPR—Adult, Child and Infant	HSRTE113 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Adult plus CPR—Child and Infant	HSRTE114 (C, R)
First Aid—Responding to Emergencies with CPR/AED—Adult and Child plus CPR—Infant	HSRTE115 (C, R)

Blended Learning First Aid/CPR/AED	
Blended Learning: First Aid	HSBLD101
Blended Learning: CPR—Adult	HSBLD103
Blended Learning: CPR/AED—Adult	HSBLD105
Blended Learning: AED—Child	HSBLD107
Blended Learning: CPR—Child and Infant	HSBLD201
Blended Learning: CPR/AED—Adult plus Child and Infant CPR	HSBLD301
Blended Learning: Standard First Aid with CPR—Adult	HSBLD401
Blended Learning: Standard First Aid with CPR/AED—Adult	HSBLD403
Blended Learning: First Aid with CPR—Child and Infant	HSBLD405
Blended Learning: Standard First Aid with CPR/AED—Adult plus Child and Infant CPR	HSBLD407
CPR/AED for the Professional Rescuer	
CPR/AED for the Professional Rescuer	HSPRO101 (C, R)
CPR/AED for the Professional Rescuer Instructor	HSPRO801
CPR/AED for the Professional Rescuer Instructor Update	HSPRO802
CPR/AED for the Professional Rescuer Instructor Trainer Practicum	HSPRO901
Administering Emergency Oxygen	
Administering Emergency Oxygen	HSPRO102 (C, R)
Administering Emergency Oxygen Instructor Update	HSPRO803
Injury Control Modules	
Ergonomics	HSICM101
Preventing Slips, Trips and Falls	HSICM102
Workplace Violence Awareness	HSICM103
Preventing Back Injuries	HSICM104
Managing Stress	HSICM105
Your Heart Matters	HSICM106
Act in Time to Heart Attack Signs	HSICM107
Your Heart Matters with Act in Time to Heart Attack Signs	HSICM108
Bloodborne Pathogens Training: PDT	
Bloodborne Pathogens Training: PDT	32650
Spanish Language Bloodborne Pathogens Training: PDT	32650S
Bloodborne Pathogens Training: PDT Instructor	3265I
Bloodborne Pathogens Training: PDT IT Group Practicum	3265T
Wilderness and Remote First Aid	
Wilderness and Remote First Aid	HSWFA101
Wilderness and Remote First Aid Instructor	HSWFA801
Wilderness and Remote First Aid Online Bridging Training for Instructors and Instructor Trainers	HSWFA802
Wilderness and Remote First Aid Bridging/Crossover Instructor	HSWFA803
Wilderness and Remote First Aid Instructor Trainer Practicum	HSWFA901
Sport Safety Training (Interim Solution)	
Sports Injury Prevention and First Aid	HSSST101 (C, R)
Sports Injury Prevention and First Aid with CPR—Adult	HSSST102 (C, R)
Sports Injury Prevention and First Aid with CPR—Child	HSSST103 (C, R)
Sports Injury Prevention and First Aid with CPR—Adult and Child	HSSST104 (C, R)
Sports Injury Prevention and First Aid with CPR/AED—Adult	HSSST105 (C, R)
Sports Injury Prevention and First Aid with CPR/AED—Child	HSSST106 (C, R)
Sports Injury Prevention and First Aid with CPR/AED—Adult and Child	HSSST107 (C, R)
Emergency Response (Interim Solution)	
Emergency Response	HSPRO103 (C, R)
Emergency Response Instructor	HSPRO805
Emergency Response Instructor Update	HSPRO806
Emergency Response Instructor Trainer Group Practicum	HSPRO905

Pet First Aid	
Dog First Aid	HSPFA101
Cat First Aid	HSPFA102
Dog and Cat First Aid	HSPFA201
Pet First Aid Leader Orientation	HSPFA701
Pandemic Flu Public Information Series	
Home Care for Pandemic Flu	HSCAR101
Are You Prepared? Presentation	HSCAR102
Spanish - language Are You Prepared? Presentation	HSCAR103
Preparing Small Business Workplaces for Pandemic Flu Presentation	HSCAR104
Pandemic Flu Presentation Leader Orientation	HSCAR701
Preparing Small Business Workplaces for Pandemic Flu Presentation Leader Orientation	HSCAR704
Babysitter's Training	
Babysitter's Training	HSCAR201
Babysitter's Training PLUS	HSCAR202
Advanced Babysitter's Training	HSCAR203
Babysitter's Training Instructor	HSCAR801
Babysitter's Training Instructor Update	HSCAR802
Babysitter's Training Instructor Trainer Practicum	HSCAR901
Nurse Assistant Training	
Nurse Assistant Training	HSCAR301
Nurse Assistant Training Instructor Aide	HSCAR703
Nurse Assistant Training Instructor	HSCAR803
Nurse Assistant Training Instructor Update	HSCAR804
Nurse Assistant Training Instructor Trainer Group Practicum	HSCAR902
Family Caregiving	
Family Caregiving: Assisting with Personal Care	31601
Family Caregiving: Caring for the Caregiver	31602
Family Caregiving: Positioning and Helping Your Loved One Move	31603
Family Caregiving: General Caregiving Skills	31604
Family Caregiving: Home Safety	31605
Family Caregiving: Healthy Eating	31606
Family Caregiving: Caring for a Loved One with HIV/AIDS	31607
Family Caregiving: Caring for a Loved One with Alzheimer's Disease or Dementia	31608
Family Caregiving: Legal and Financial Issues	31609
Family Caregiving Leader Group Orientation	3160LGO
Family Caregiving Leader Self-Study Orientation	3160LSS
Scrubby Bear	
Scrubby Bear—Personal Hygiene	31700
Preparedness Training System	
Fundamentals of Instructor Training	3010
Fundamentals of Instructor Training Self-Study for Educators and Trainers	3010SS
Fundamentals of Instructor Training Spanish	3010S
Fundamentals of Instructor Training Self-Study for Educators and Trainers Spanish	3010SSS
Preparedness Training System Group Orientation	30200GO
Preparedness Training System Self-Study Orientation	30200SS
Instructor Trainer Candidate Course	30200
Instructor Trainer Candidate Apprenticeship	30201
Training Team Orientation	30202
Instructor Trainer Candidate Group Practicum Trainings are indicated with a "T" within the appropriate program.	

Workplace HIV/AIDS Education and Prevention Programs	
Workplace HIV/AIDS Presentation	3501
Workplace HIV/AIDS Instructor	35011
Workplace HIV/AIDS Instructor Trainer Group Practicum	3501T
Hispanic HIV/AIDS Education and Prevention Programs	
Hispanic HIV Education and Prevention Community Activities	3525
Hispanic HIV/AIDS Program: Unspecified Community Session	3526
Hispanic HIV/AIDS Program: Discussion Based Platica	35261
Hispanic HIV/AIDS Program: Activity Based Platica	35262
Hispanic HIV Education and Prevention Instructor (Dual Certified)	3526I
Hispanic HIV Education and Prevention Instructor (Non-Dual Certified)	3526N
Hispanic HIV Education and Prevention Instructor Trainer Group Practicum	3526T
African American HIV/AIDS Education and Prevention Programs	
African American HIV Education and Prevention Community Activities	3518
African American HIV/AIDS Program: Unspecified Community Session	3522
African American HIV/AIDS Program: Module 1 (Discussing the Facts)	35221
African American HIV/AIDS Program: Module 2 (Facts in Focus)	35222
African American HIV/AIDS Program: Module 3 (Prevention Skills)	35223
African American HIV/AIDS Program: Module 4 (Community Mobilization)	35224
African American HIV Education and Prevention Instructor	3522I
African American HIV Education and Prevention Instructor Trainer Group Practicum	3522T
Basic HIV/AIDS Education and Prevention Programs	
HIV/AIDS Starter Facts	3511
HIV/AIDS Starter Facts Instructor	3511I
HIV/AIDS Starter Facts Spanish	3511S
HIV/AIDS Starter Facts Instructor Spanish	3511IS
HIV/AIDS Facts Practice	3512
HIV/AIDS Facts Practice Spanish	3512S
Basic HIV Prevention and Education (Modules 1 and 2)	3527F
Basic HIV Prevention and Education (Modules 3 and 4)	3527S
Basic HIV Prevention and Education Instructor	3527I
Basic HIV Prevention and Education Instructor Trainer Group Practicum	3527T
Basic HIV Education and Prevention Leader Group Orientation	3527LGO
Basic HIV Education and Prevention Leader Self-Orientation	3527LSS
Youth HIV/AIDS Education and Prevention Programs	
Act SMART Module I	3519
Act SMART Module II	3520
Act SMART Module III	3521